

April 2025

Soul Space

Quarterly Newsletter



Center for
Spiritual
Development

A MINISTRY OF THE
SISTERS OF ST. JOSEPH
OF ORANGE

A FRESH START

Lenten blessings to you!

It is that time of year: from spring cleaning to Lenten sacrifice and repentance, we are focused on refreshing ourselves, mind, body, and spirit. It is a season for reflecting -- and for planning into the future.

How will you take advantage of this seasonal inspiration to revitalize, stimulate, and energize your relationship with God and the world around you?

We invite you to join us in...

... an online Holy Week retreat focusing on three figures key to the Passion, Crucifixion, and Resurrection.

... a half-day workshop on the power of silence -- lessons learned from the Navajo.

... a day of exploration: how do recent archaeological discoveries impact our faith?

... an online rosary reflecting on the Glorious Mysteries.

... a robust lineup of opportunities for spiritual directors to continue growing in their ministry -- and to be refreshed in spirit.

... and more!

We look forward to welcoming you -- on Zoom or in person -- to any and all of these events, which we have put together to help you grow in your spiritual life, to find refreshment and inspiration, and to come together with God and one another.

Let us journey together through Lent -- and beyond!

The Center for Spiritual Development Team

CHECK OUT 2025 EVENTS AT CSD

Want a peek farther ahead in the year? Check out our full 2025 schedule on our [website](#) - or in our [easy-to-read program brochure](#)!

IN-PERSON EVENTS

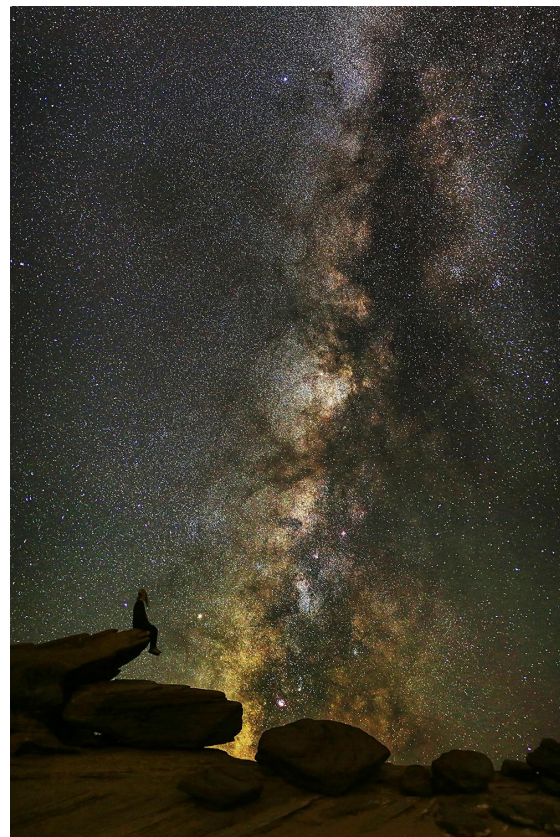
A WALK AMONG THE NAVAJOS: LESSONS ON PRESENCE, SILENCE, & LISTENING

| IN-PERSON ONLY

**SATURDAY, MAY 3, 2025 |
9 AM-12:30 PM PT**

Presented by: Kathy Schinhofen, D.Min.

Drawing on rich experiences of ministry and facilitation among the Navajos (the Diné) over a four-year period, Kathy will share her experiences of conversation, listening, and especially the role of silence as she experienced it among the Diné—the People.



[REGISTER HERE](#)

ART IN THE GARDEN

| IN-PERSON ONLY

SATURDAY, MAY 17, 2025 | 3-6 PM PT

Join us at our Art in the Garden event, where Sisters, friends, co-ministers,



supporters, and the community come together for an immersive experience amidst our gardens filled with captivating art, live music, delightful cuisine, and the camaraderie of friendly faces. Art in the

Garden supports the ministries of the Sisters of St. Joseph of Orange, including the Center for Spiritual Development, CSJ Educational Network, St. Joseph Justice Center, and St. Joseph Worker Program.

[REGISTER HERE](#)

HYBRID EVENTS

BIOSPIRITUAL COMPANIONING COURSE

| IN PERSON AND ON ZOOM

SATURDAY, APRIL 26 - JUNE 21, 2025
| TIMES VARY

Presented by: Deacon Joe Marino and Margit Dornisch

This 9-week program will be focused on training BioSpiritual Focusing companions who wish to learn the dynamics of effectively companioning another. Please check the website for exact dates and times of each meeting, and information about prerequisites

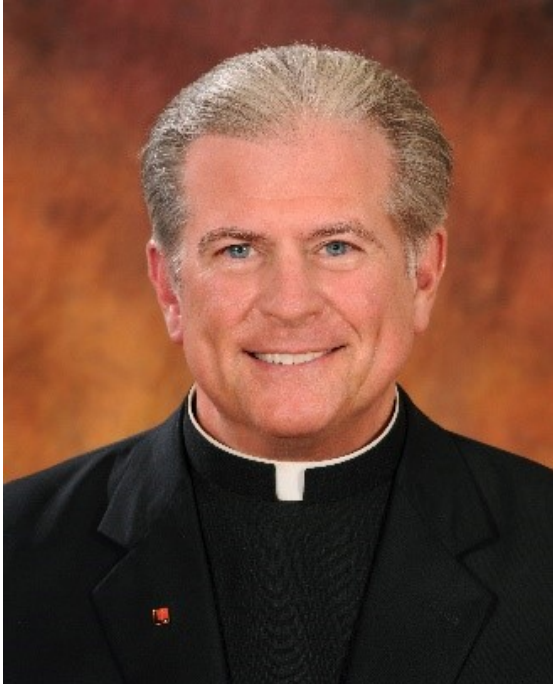


[REGISTER HERE](#)

EXCAVATING JESUS: HOW ARCHAEOLOGY IS REVEALING AMAZING NEW INSIGHTS ABOUT OUR FAITH

| IN PERSON OR ON ZOOM

SATURDAY, JUNE 28, 2025 |
9:30 AM - 4 PM PT



Led by: Father Dave Heney

The latest archaeological discoveries have opened our eyes to deeper insights about life at the time of Our Lord, and can help you understand and treasure the Gospels even more.

REGISTER TO ATTEND IN
PERSON

REGISTER TO ATTEND ON
ZOOM

ONLINE EVENTS

HOLY WEEK RETREAT

| ON ZOOM ONLY

**MONDAY-WEDNESDAY, APR. 14-16,
2025 | 9-10:30 AM PT**

Presented by: Sister Jayne Helmlinger, CSJ; Sister Jane DeLisle, CSJ; Sister Sharon Becker, CSJ

Join us the Monday, Tuesday, and Wednesday of Holy Week for these 90-minute retreats. Register for the full series, or choose individual retreats to attend.

*Monday, April 14 - **Mary Magdalene's Anointing of Jesus*** - Presented by Sister Jayne Helmlinger, CSJ

*Tuesday, April 15 - **A Mother's Steadfast***



REGISTER FOR THE
SERIES

REGISTER FOR MARY
MAGDALENE'S ANOINTING
OF JESUS

REGISTER FOR A
MOTHER'S STEADFAST

Love: Mary, Mother of Jesus - Presented
by Sister Jane DeLisle, CSJ

LOVE

Wednesday, April 16 - **Living from a Heart
of Forgiveness** - Presented by Sister
Sharon Becker, CSJ

REGISTER FOR LIVING
FROM A HEART OF
FORGIVENESS



THE GLORIOUS MYSTERIES IN EASTERTIDE AND ON THE FEAST OF OUR LADY OF FATIMA

| ON ZOOM ONLY

**TUESDAY, MAY 13, 2025 |
7-8 PM PT**

Presented by: Julie Mussché

Join us in praying an Easter rosary on the
Feast of Our Lady of Fatima, reflecting on
the Glorious Mysteries with prayerful
intention and engaging Imago Divina.

REGISTER HERE

TAIZÉ PRAYER



| SACRED HEART CHAPEL

7 - 8 PM

Offered in prayerful collaboration between Stillpoint and the Center for Spiritual Development.

***** Please note: There is no Taizé prayer service in April due to Holy Week services. *****

MAY 15

JUNE 19

FOR SPIRITUAL DIRECTORS

NAVIGATING DIVERSITY IN SPIRITUAL DIRECTION; CULTIVATING INCLUSIVE PRACTICES

| IN PERSON OR ON ZOOM

SATURDAY, APR. 26, 2025 | 9 AM-12 PM PT

Presented by: Michael Donaldson

This session explores the intersection of spiritual direction and diversity, equipping participants with the skills to foster inclusive and culturally sensitive practices in their spiritual guidance.



REGISTER TO ATTEND IN
PERSON

REGISTER TO ATTEND ON
ZOOM



SPIRIT, SOUL, BODY: THE UNIVERSAL CALL TO CONTEMPLATION

| ON ZOOM ONLY

SATURDAY, JUNE 7, 2025 | 8:30-11 AM PT

Presented by: Cyprian Consiglio, OSB Cam.

REGISTER HERE

Who are we in relation to God according to our Christian revelation? How can the story

of Jesus impact our understanding of ourselves? Don't miss this powerful workshop as we discuss these questions and more.

HEART TO HEART GATHERING FOR SPIRITUAL DIRECTORS

|ON ZOOM ONLY

**WEDNESDAY, JUNE 11, 2025 | 2-3:30
PM PT**

Join us for a free gathering for spiritual directors to connect, share insights, pray, and build community.



[REGISTER HERE](#)



Center for Spiritual Development



Art of Spiritual Direction



Do you feel called to become a spiritual director?

Find out more about our three-year program!

Info at: www.thecsd.org | thecsd@csjorange.org | (714) 744-3172

***Interested in Receiving Daily Reflections?
SIGN UP HERE***



Center for
Spiritual
Development

COMPANIONS ON THE
SACRED JOURNEY



To learn more about the
Center for Spiritual Development

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