

January 2025

Soul Space

Quarterly Newsletter



Center for
Spiritual
Development

A MINISTRY OF THE
SISTERS OF ST. JOSEPH
OF ORANGE

A FRESH START

Happy New Year!

The clean slate of a new year, just begun, is such a beautiful thing! Goals and projects that may have fallen off your radar in the past months can be resumed with refreshed interest and determination. New approaches and habits are gently getting underway.

It's a wonderful time to look around us, to take stock, to make plans, and to forge ahead!

How will you refresh, revitalize, stimulate, and energize your relationship with God and the world around you in this brand-new calendar year?

We invite you to join us in...

... a workshop where you will create a Lifebook to help set and celebrate your commitments for the coming year.

... a Seder celebrating the abundance of God's creation!

... taking advantage of a very full slate of Lenten events, including a half-day Ash Wednesday retreat, an online rosary meditating on the Sorrowful Mysteries, a mini-retreat immersing us in the spirituality of Julian of Norwich, a lively Celtic concert, and a full-day retreat celebrating Celtic spirituality.

... discovering the mind-body-spirit connection in our online BioSpiritual Focusing

Book Study.

... special opportunities to help revitalize spiritual directors and support them in better serving their directees.

We are eager to welcome you -- on Zoom or in person -- to any and all of these events, which we have planned to help you grow closer to God and to the people around you.

Let us journey together into the New Year. Amen! Alleluia!

The Center for Spiritual Development Team

CHECK OUT 2025 EVENTS AT CSD

For months, we have been planning our 2025 schedule of retreats, workshops, concerts, and other events -- and registration is already open!

Explore our full schedule on our [website](#) -- or in our [easy-to-read program brochure](#)!

IN-PERSON EVENTS

LIFEBOOK: LIVE A WIDE-AWAKE LIFE!

| IN-PERSON ONLY

**SATURDAY, JAN. 25, 2025 |
9 AM-12:30 PM PT**

Presented by: Glenda Campos

Explore many paths of transformation through creative expressions! Delve into contemplative and creative practices that deepen your commitment for the coming year: to be a prayerful presence in the world.



REGISTER HERE

CELEBRATING THE ABUNDANCE OF GOD'S CREATION

| IN-PERSON ONLY

**THURSDAY, FEB. 13, 2025 |
5-7:30 PM PT**



Led by: Rabbi Karen Sherman

We are called to partner with our Creator to sustain and mend our world, something this beautiful Seder urges us to call to mind. This interfaith gathering will share the Jewish tradition of Tu BiShvat, culminating in a celebratory communal meal.

[REGISTER HERE](#)

THE GOD WHO SEES: ASH WEDNESDAY RETREAT

| IN PERSON

WEDNESDAY, MARCH 5, 2025
| 9 AM - 1 PM PT

Presented by: Sr. Jane DeLisle, CSJ

Start off your Lenten journey with a morning of prayer and spiritual grounding amid a community of others who also seek God's companioning presence. Open your soul to the healing power of God, who sees with love, compassion, and mercy. Rediscover God's gracious care for you and stir into flame your personal relationship with God who dwells within you.



[REGISTER HERE](#)

THE AMAZING GRACE OF CELTIC SPIRITUALITY AND ITS RELEVANCE FOR OUR WORLD TODAY

| IN-PERSON ONLY



**SATURDAY, MARCH 15, 2025 |
9 AM-4 PM PT**

Presented by: Deirdre ni Chinnéide

In this workshop we will explore our own inner process, sharing a faith journey in and through the heart of the Celtic Christian tradition and deepening our listening for “the whispers of God” guiding us through this adventurous time of change.

[REGISTER HERE](#)

SOUND OF THE CELTIC SOUL

| IN PERSON

SATURDAY, MARCH 22, 2025 | 5-9 PM PT

Presented by: Deirdre ni Chinnéide

A live concert of Celtic music, poetry, song, and dance from the heart and soul of Ireland.



[REGISTER HERE](#)



THE MYSTICISM OF JULIAN OF NORWICH

| IN-PERSON ONLY

**SATURDAY, MARCH 29, 2025 |
9 AM-2 PM PT**

**Presented by: Marla Martin Hanley,
MSW, PhD**

Join us for a Lenten mini-retreat as we explore Julian of Norwich’s down-to-earth, feminist theology using guided meditation, discussion, and writing.

[REGISTER HERE](#)

ONLINE EVENTS

BIOSPIRITUAL FOCUSING BOOK STUDY

| ON ZOOM ONLY

**THURSDAYS, FEB. 6 - MARCH 27, 2025 |
6:30-8 PM PT**

**Presented by: Dcn. Joe Marino & Margit
Dornisch**

This book study will help participants rediscover their own body within the Body of the Whole Christ -- a way of deepening our connectedness with God, others and self.



[REGISTER HERE](#)



[REGISTER HERE](#)

THE SORROWFUL MYSTERIES ON THE FEAST OF THE ANNUNCIATION

| ON ZOOM ONLY

**TUESDAY, MARCH 25, 2025
| 7-8 PM PT**

Presented by: Julie Mussché

Join us in praying a Lenten rosary on the Feast of the Annunciation, reflecting on the Sorrowful Mysteries with prayerful intention and engaging Imago Divina.

TAIZÉ PRAYER



| SACRED HEART CHAPEL

THIRD THURSDAY OF THE MONTH
7 - 8 PM

Offered in prayerful collaboration between Stillpoint and the Center for Spiritual Development

JANUARY 16

FEBRUARY 20

MARCH 20

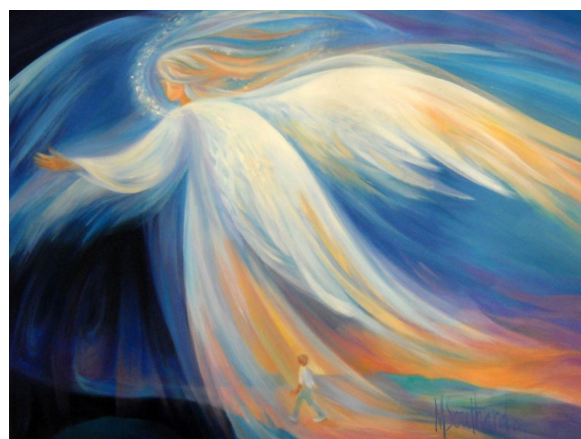
FOR SPIRITUAL DIRECTORS

LISTENING FOR ANGELS: RECOGNIZING THE PRESENCE OF ANGELS IN SPIRITUAL DIRECTION

| ON ZOOM

**THURSDAY, JAN. 30, 2025 | 10 AM-12
PM PT**

Deepen your awareness of the spiritual realm and cultivate attentiveness to angelic guidance for yourself -- and those you accompany in direction.



[REGISTER HERE](#)

**JOURNEY THROUGH THE
DARK NIGHT: ST. JOHN OF
THE CROSS AND SPIRITUAL**



TRANSFORMATION

| IN PERSON OR ON ZOOM

**SATURDAY, FEB. 22, 2025 | 9 AM-12 PM
PT**

This class will delve into the stages of the dark night, helping participants understand the role of suffering and detachment in the journey toward union with God.

REGISTER TO ATTEND IN
PERSON

REGISTER TO ATTEND ON
ZOOM



Center for Spiritual Development



Art of Spiritual Direction



Do you feel called to become a spiritual director?

Find out more about our three-year program!

Info at: www.thecsd.org | thecsd@csjorange.org | (714) 744-3172

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Center for
Spiritual
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COMPANIONS ON THE
SACRED JOURNEY



To learn more about the
Center for Spiritual Development

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