

Daily Reflections



Center for Spiritual Development

SACRED PLACES

By Julie Mussché

A Quote

"I want to remind myself and others that our homes can become sacred places, filled with life and meaning. We do not need cathedrals to remind ourselves to experience the sacred."

GUNILLA NORRIS

Reflection

Recently, I spent a few days in Seal Beach, in part to help celebrate some friends' birthdays, and for some rest and relaxation. Usually, I wax nostalgic when visiting the sleepy coastal town as I spent my early formative years there. This time was different and even though some memories flooded my psyche, they came and went, albeit with fondness and gratitude.

The rental cottage was comfortable and familiar, a second or third time around, and yet, almost immediately, I started longing for the consolations of

my home. Although homesickness is not an unusual occurrence for me, this time the stirring was more pronounced. Unsure as to why this sojourn was so exceptional, things really popped when I went to cook a meal. How I longed for my own pots and pans, spices and cutlery.

Perhaps this all sounds a bit pampered and privileged, and possibly it is--there are so many without a place to call home. My angst did, then again, open up a reflection on the sacred quality of home, a place where one finds comfort, solace, inclusion, warmth and safety, memories and a place to nurture relationships and gather. This took me to the notion of having a spiritual home. Without hesitation, there is no place like home.



Brown "Home"-printed rug beside front door
Photo by Kelly

For Pondering

- What are the sacred qualities of the place you call home?
 - How do you welcome God into or how is God present in your sacred place?
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For Prayer

“Now be pleased to bless the house of your servant, that it may continue forever in your sight; for you, Sovereign Lord, have spoken, and with your blessing the house of your servant will be blessed forever.”

2 SAMUEL 7:29

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