

March 29, 2025

Daily Reflections

Journeying through Lent



Center for Spiritual Development

SACRED REMINDERS

By Julie Mussché

A Quote

"It is spring again. The earth is like a child that knows poems by heart."

RAINER MARIA RILKE

Reflection

Have you noticed that Spring is breaking out? It certainly is in Southern California; the hills are starting to green, the birds are going wild with song, the frog chorus at night is pulsing and the habitat just seems to be dancing. Looking out the back door the other day, I noticed that George the birch tree looked particularly resplendent. It had rained for several days and the mottled bark, white on deep brown, just popped. Approaching George later in the day, I was ecstatic with joy to discover he was leafing. Springtime dresses the world nicely, glowing with promise and hope. It is all just simply amazing.

The season inspires the Lenten journey, a testament to new life, the clarity of light emerging out of darkness and emergent hopefulness. We are sprinting past the midpoint -- the excitement grows.



A Resident of St. Joseph Center
Photo by Julie Mussché

For Pondering

The invitation today: however you are able, enjoy the gift of season. Let your senses lead you to pay attention to the textures of time and place.

- What do you notice?
 - How are you inspired to share your experience?
 - Where have you encountered God or the Sacred along the way?
-

For Prayer

*Blessed One,
Giver of seasons,
thank you for this moment.
May I celebrate your gifts with gusto.
Amen.*

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