

January 14, 2025

Daily Reflections



WONDERFUL CREATOR

By Alicia M. Rodriguez

Today's Responsorial Psalm

You have given your Son rule over the works of your hands.

*O LORD, our Lord, how glorious is your name over all the earth!
What is man that you should be mindful of him, or the son of man that you
should care for him?*

*You have made him little less than the angels, and crowned him with glory
and honor.*

*You have given him rule over the works of your hands, putting all things
under his feet.*

*All sheep and oxen, yes, and the beasts of the field,
The birds of the air, the fishes of the sea, and whatever swims the paths of the
seas.*

PSALM 8:2, 5-9

Reflection

Today's responsorial psalm makes me think of the times I have been out in nature and was reminded of how wonderful everything was created. It also reminds me of how spoiled I am that God chose to share this beauty with me.

Oftentimes I have had a hard time sharing my emotions with others and I have continuously been trying to open up with others more throughout the last few years. I have found that through nature it has become easier to share my raw emotions with others, primarily through sitting with people and watching the sunset.

There is something so intimate about watching the sunset that at times, it makes me want to smile and laugh, and other times it makes me want to cry. As the sun fades I get to see an explosion of colors in the sky that highlight powerful waves in the ocean that extends vast before me.

I have a cautious love for the ocean: as much as I love it, I am also reminded of the immense power it possesses. While it has the ability to take me to new places, it also has the ability to crush me with its force. I remember one sunset I sat there just watching the waves crash against the rocks and hearing the mighty roar that came with every crash. It made me feel really small in the world and made me realize that I have barely scratched the surface of all the beauty that this world has to offer.

Earlier this week, I went to the same beach that I have been going to for years to look at the sunset and was once again reminded of the power of the waves. At this specific beach there is an area that is sandy and has a nice place to take pictures. When I recently went to visit I noticed that a large chunk of the cliff had fallen off and, along with the erosion that the crashing waves provided, the landscape had completely changed and was rough to walk on.

I wonder how many times a piece of me has fallen or I have been eroded by differing circumstances that have changed me? I wonder if sometimes these circumstances that change me are also meant to help others see the goodness of God working through me?

I am a creation of God, who made me through love.



Sunset at Treasure Island Park
Photo by Alicia M. Rodriguez

For Pondering

- When was the last time that I stopped to thank God for creating me and loving me as I am? What are some ways that I can better love myself for being as I am?

- When was the last time I stopped to smell the roses and appreciate the wonderful views God has given us? How do these views make me feel?
-

For Prayer

With Your hands You created me with tenderness, love and care. Those same hands that made the exploding stars in the sky and the powerful seas. Those hands that created the mountains and deserts and all that surrounds me. I thank you, Most Wonderful Creator, for taking your time in creating me. Please allow me to see myself as You see me.
Amen.

If you enjoy reading our reflections and would like to make a donation towards this ministry, click the button below!

Support CSD



 Center for
Spiritual
Development
COMPANIONS ON THE
SACRED JOURNEY

Visit Website

714-744-3172

Join Mailing
List



To “Unsubscribe” from the daily reflections while remaining on our general mailing list, please [email us](#). The unsubscribe function below will unsubscribe you from all emails from CSD. Please know we will never share your information.

Center for Spiritual Development | 434 A South Batavia Street | Orange, CA 92868 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)