

October 2024

Soul Space

Quarterly Newsletter



Center for
Spiritual
Development

A MINISTRY OF THE
SISTERS OF ST. JOSEPH
OF ORANGE

THE TURNING OF THE LEAVES

Autumn greetings to you!

The new season is freshly begun, and at the same time, we are looking ahead to the end of the year. Beginnings and endings curl into each other as if on a skein of yarn: the end of one season is always the start of another.

Aside from that truth, autumn is so much more than the winding down of the year. It has a vibrancy all its own, with the turning colors of the trees, the increasing briskness of the weather, celebrations both secular and spiritual, and the invitation to dive deeper within, to consider where we have traveled and what destinations lie ahead.

How can you draw closer to God in these months?

We invite you to join us in...

... praying the Joyful Mysteries (on Zoom!) on the Feast of Our Lady of the Rosary.

... exploring BioSpiritual Focusing in a conversational book club where you can discover the result of listening deeply to the inner truth of your own body with the transformational power of unconditional love.

... joining us for a beautiful Advent morning retreat on the Feast of the Immaculate Conception.

... subscribing to Daily Reflection -- and meeting the authors of these reflections at a fun, interactive gathering!

We are excited to welcome you -- whether in the Spirituality Building or on Zoom -- for these events and others designed for spiritual directors, for Spanish speakers, and for people from all faith traditions.

Blessings on your autumn! We pray it will be a fruitful season for you.

The Center for Spiritual Development Team

CHECK OUT 2025 EVENTS AT CSD

For months, we have been planning our 2025 schedule of retreats, workshops, concerts, and other events -- and for a number of those events, registration is already open!

You'll find more detailed information on the events below, as well as some of our 2025 events, [on our website](#). Be sure to check back regularly as we open registration for even more events next year!

ONLINE EVENTS

The Joyful Mysteries

MONDAY, OCT 7, 2024 | 7-8 PM PT

Presented by: Julie Mussché

Join us in praying the rosary on the Feast of Our Lady of the Rosary! We will reflect on the Joyful Mysteries with prayerful intention and engaging Imago Divina.

Free will offering.



[REGISTER HERE](#)



[REGISTER HERE](#)

Beyond the Myth of Dominance: An Alternative to a Violent Society Book Club

| ON ZOOM ONLY

**WEDNESDAYS, OCT. 23 - DEC. 11, 2024
| 7-8 PM PDT**

Join us for an energizing discussion about this powerful book by Edwin M. McMahon, one of the founders of BioSpiritual

IN-PERSON EVENTS

Meet the Authors

| IN-PERSON ONLY

**SUNDAY, OCT. 27, 2024 |
10AM-12 PM PT**

Spend Sunday morning with our Daily Reflections writers! Among the authors you'll meet are Sister Karen Clock, CSJ; Lucy Dominguez; Sister Jeanne Fallon, CSJ; Sister Katherine "Kit" Gray, CSJ; Sister Jayne Helmlinger, CSJ; Sister Christine Hilliard, CSJ; Sister Bernie Inocencio, CSJ; Sister Karin Nürnberg; Julie Mussche; Alicia Rodriguez; Father David Robinson, SJ; and more. A light brunch buffet will be served.



[REGISTER HERE](#)



Magnificat: My Soul Rejoices

| IN-PERSON ONLY

**SUNDAY, DEC. 8, 2024 |
9AM-1 PM PT**

God calls YOU, as we are all called – how do we rejoice in giving our YES? Join us in this Advent retreat as together, we explore the gift of giving ourselves.

[REGISTER HERE](#)

HYBRID EVENTS

Introducción a la Espiritualidad Católica

| EN PERSONA O EN ZOOM

**LOS LUNES, 7 OCTUBRE - 2
DICIEMBRE
| 7-9 PM PT**

**Presentado por: Carlos Obando y Lucy
Dominguez**

Este curso de ocho semanas ofrece una introducción detallada a la espiritualidad católica, explorando sus raíces históricas, principios fundamentales y prácticas espirituales. A lo largo de las sesiones, los participantes desarrollarán habilidades y conocimientos en áreas claves como el discernimiento espiritual, la oración, el estudio de las Escrituras y el servicio en la misión cristiana.



**REGÍSTRESE PARA ASISTIR
EN PERSONA**

**REGÍSTRESE PARA ASISTIR
EN ZOOM**

TAIZÉ



| SACRED HEART CHAPEL

**THIRD THURSDAY OF EVERY MONTH
7 - 8 PM**

**Offered in prayerful collaboration between Stillpoint and the Center for Spiritual
Development**

OCTOBER 17

**NOVEMBER
21**

DECEMBER 19

FOR SPIRITUAL DIRECTORS



MINDFULNESS FOR LIVING OUR CHRISTIAN FAITH IN SERVICE

| IN-PERSON OR ON ZOOM

**SATURDAY, NOV. 2, 2024 | 8:30 AM-12
PM PT**

Spiritual directors will examine more in depth the Christian roots of mindfulness practice, and how to take time to practice these in a deeper way with one another. Attendees will leave with ideas of how to continue to engage with these practices.

REGISTER TO ATTEND IN
PERSON

REGISTER TO ATTEND ON
ZOOM



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Do you feel called to become a spiritual director?

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SACRED JOURNEY



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