

June 20, 2025

Daily Reflections



WHERE IS YOUR HEART'S TREASURE?

By Sister Jeanne Fallon, CSJ

Today's First Reading

Jesus said to his disciples: "Do not store up for yourselves treasures on earth, where moth and decay destroy, and thieves break in and steal. But store up treasures in heaven, where neither moth nor decay destroys, nor thieves break in and steal. For where your treasure is, there also will your heart be.

"The lamp of the body is the eye. If your eye is sound, your whole body will be filled with light; but if your eye is bad, your whole body will be in darkness. And if the light in you is darkness, how great will the darkness be."

MATTHEW 6:19-23

Reflection

Today's gospel continues to unfold the spirituality of the Sermon on the Mount beginning in Matthew 5. If our only focus in life is primarily to build treasures

on earth that can be destroyed or stolen, we will be consumed by efforts to protect these treasures or driven by greed to amass more than we need. In contrast, as people of faith, we are called to renounce all acts of violence or war that aim to protect our accumulated wealth, whether it is to grasp land that is not our own, or land with precious minerals in the ground, or natural resources like fresh water that need to be shared for the common good.

So, what are the treasures we long to receive based on the Lord's Prayer that we considered yesterday (Matthew 6:7-15)? We are called to set our hearts on God's reign, a way of being that provides for everyone's needs, a simple way of living that respects others' struggle to simply live, and a manner of being in the world that is compassionate so that no one goes without their basic rights for food, shelter and the dignity of honest work. We are called to set our hearts completely on the God of love, the God of compassion, the God of peace. Only then will the lamp of the body, the eye, be filled with light that illuminates the treasure of our heart, a treasure that lasts forever.



Woman Making Heart with Fingers
Photo by Daniel Duarte

A Prayer: Longing for God

*O God, you are my God, for you I long; for you my soul is thirsting.
My body pines for you like a dry, weary land without water.
So I gaze on you in the sanctuary to see your strength and your glory.*

*For your love is better than life, my lips will speak your praise.
So I will bless you all my life, in your name I will lift up my hands.
My soul shall be filled as with a banquet, my mouth shall praise you with joy.*

*On my bed I remember you. On you I muse through the night
for you have been my help; in the shadow of your wings I rejoice.
My soul clings to you; your right hand holds me fast.*

PSALM 63:2-9 (Grail Translation)

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