

February 10, 2025

Daily Reflections



"MAY THE LORD BE GLAD IN HIS WORKS"

By Sister Jane DeLisle, CSJ

Today's Responsorial Psalm

May the Lord be glad in his works.

PSALM 104:31

Reflection

The readings today present an iconic view of God at work within the world. Today begins with God's works of creation. After creating an aspect of the world, God delights in what was created. Since God is love, all is created out of love; for love. I take delight in the poetic words of Genesis. ***"And God saw how good it was. Evening came, and morning followed...."*** God savored all that was done in love.

In this Jubilee Year of Hope, as designated by Pope Francis, may we look at all we do each day in love and be able to savor and proclaim, ***"God saw how good it was."*** There is so much we are invited to do, to savor, to proclaim of

God's good work done by each one of us through the influence of the Holy Spirit. It is good to stop and ponder the "works of our hands" made in God's image and likeness.

God's abiding love and presence surges within us, and delights in the good we strive to do. Moments of reflection on our activities and ways of being present to another allow us to recognize God at work within and the good that spills out into the world -- to rejoice in all that is beautiful. And we also reflect on the unintentional and sometimes intentional harm we have done. Here forgiveness is waiting -- and a resolve to be truer to God's ways tomorrow.

Pondering all that has been each day keeps me in the flow of grace and in the truth of who God is in and for me. Remember, I am made by Love to be love in this world. At day's end I remember the activities and my attitude during the day just spent. I give thanks and delight. I also recall and acknowledge difficulty. I claim my part, I ask for pardon, and I ask for what I need to be my best self tomorrow. Then, with God at home in me, I ***see how good it was.***



Scenic View of Mountains Before Dawn

Photo by Simon Berger

For Pondering

- How did you encounter God today?
- In God's presence, review your activities and your way of being yesterday.

Name the good given and received. Give thanks! Savor reality. Name the moments of difficulty. What are you drawn to do? Discern your part. Ask forgiveness. Seek God's help.

For Prayer

*Creator God,
I rejoice and give thanks for all that has been this day.
Open the eyes of my heart to perceive your presence
in each moment and in all I have done today.
Enlighten and guide me to see myself as you see me.
You are the one who calls me, loves me into life,
and invites me to share in your creative energy in fashioning the world anew.
Forgive any missteps and help me walk steadfastly into the new day.
With you at my side, enough has been given.
Amen.*

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