

November 27, 2025

# Daily Reflections



Center for  
Spiritual  
Development

## THANKSGIVING DAY BLESSINGS

By Sister Jane DeLisle, CSJ

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### Today's Gospel Acclamation

**Alleluia, alleluia.**

*In all circumstances, give thanks,  
for this is the will of God for you in Christ Jesus.*

**1 THESSALONIANS 5:18**

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### Reflection

**Let grateful praises ring out, for it is Thanksgiving Day!**

Let us rejoice and give thanks for all that has been bestowed upon us. All is gift, even every breath taken. As St. Paul reminds us, “that we may not be lacking in any spiritual gift.” It is good to give thanks.

**MAY GRATITUDE ABOUND!**

In this Season of Gratitude let us pray:

May I realize that God's **Goodness** is always running after me.

May the **Radiance** of God's abiding presence fill my being.

May I live with an **Attitude** of Gratitude, knowing all is gift.

May I consciously strive to be **Thoughtful** of each person's dignity.

May I be open to **Insights** into my motivations through daily prayer.

May I seek God's **Transforming** presence within me.

May I seek **Unity**, letting go of all that separates me from God/Others.

May I more consciously **Desire** to live a Grace-filled life, curbing ego wants.

May I **Engage** relationships in life-giving ways.

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Photo by Sister Jane DeLisle, CSJ

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**For Pondering**

- How am I living with each of the key highlighted qualities in my life?
- For what am I profoundly grateful in this season of gratitude?

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## For Prayer

*Write a litany of gratitude and share it with those in your circle of life.*

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