

November 7, 2024

Daily Reflections



Center for Spiritual Development

SEEKING GOD IN ALL THINGS

By Sr. Jane DeLisle, CSJ

Response to Today's Psalm

"Let hearts rejoice who search for the Lord."

PSALM 105:3

Reflection

The quote above, taken from the response to Psalm 105, sparked realization that all my life I have been blessed to be in relationship with God. God first wooed me with tender words of love and belonging. I recognized that God is real, present, and intimately involved with my life. I seem to search for God in all the people and circumstances of my life. Over the years, my seeking has ebbed and flowed, though God was always before me.

My heart rejoices, burns with desire for God in my life and in the lives of each person I encounter. I have come to recognize and claim God's abiding as a profound grace and motivating energy.

The divine spark of God-life within me keeps me seeking and yearning for the Divine embrace. Every glimpse stirs up desire in me for union with God. Living in relationship with God has taught me a few necessary attitudes. The first is humility.

The grace of humility is essential to all relationships, especially with God. All I have, all I am, and all I do for myself and others, flows from God's abundant generosity. Once I realize that all is gift freely given to me, then I find myself in a place of humble receptivity. I respond with heartfelt gratitude and serve out of the same generosity that has formed me in God.

In contemplating the reality of my life and that all is gracious, unconditional grace from God who abides within my littleness, I am filled with AWE! God, who is so transcendent, is at once so intimate in choosing me to be God's own. God is faithful and never takes back the gifts given. I can rely on God throughout my life regardless of how I am in the moment; God abides within me and companions, encourages, and inspires me whether in in sorrow or joy, suffering or health, in riches or poverty. No matter what the circumstance, I can rely on God.

This leads me to another essential attitude of my life in relationship with God, GRATITUDE! Gratitude for the gift of life, presence, faith to recognize God while realizing the longing for union with the one who loves me unconditionally and all-inclusively in whatever frame of mind, body or soul I am at any given time. Whether tangibly felt nor not, I always can rely on God's abiding love and lavish generosity!



For Pondering

- When and how have I sought God in my life?
 - How has God sought me?
 - How open am I to God's abiding presence?
-

For Prayer

*I praise and thank you, God of life-giving love,
for all the ways you have sought me out throughout my life.*

*I rejoice that you draw me near and love me into life.
I am glad for the many ways I encounter you each day.*

You call me out to be your own.

*You encourage my ongoing search for you in all things
and discover traces of your loving presence at every turn of my life.*

*To seek and to find,
to live in wonder and awe at all the ways you reveal yourself to me,
deepens my love and desire for you.*

*May my seeking and finding you reveal new discoveries
of who you are for me, in me, and throughout my life.*

Amen.

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