

October 3, 2025

Daily Reflections



THERE'S JOY IN THE MYSTERY

By Julie Mussché

A Quote

"We are hemmed round with mystery and the greatest mysteries are contained in what we do and see every day."

HENRI-FREDRIC AMIEL, *JOURNAL INTIME*

Reflection

One evening, while drying the dishes after dinner, I noticed a blue light over a horizon of houses to the east. I'd never seen the light before and wondered if it was some type of beacon or marker, perhaps a path for an airplane or a symbol of world peace. Night after night, my speculation on the mystery of the light broadened, taking my imagination on a wild adventure. Then, one fateful evening, while driving home from a friend's house, my eyes caught sight of a very tall palm tree wrapped with blue Christmas lights. Mystery solved, my

flights of fancy grounded, a truth rose up within me.

There is joy in mystery, in the freedom of not knowing, of just being present to pondering possibilities and engaging the creative urge. Encountering mystery in the ordinary is something sacred. The glorious composition of a sunset, the olfactory eruption of mown grass, the symphony comprised of children's laughter, all offer glimpses of the Divine. These are the things that strike us with awe, that cause spontaneous prayers of thanksgiving, that open us up to God's grace and offer experiences of sacramentality. It is the essence of having faith, in believing in the intangible. Yes, there is joy in mystery. O Magnum Mysterium!



Photo by Julie Mussché

For Pondering

- Where have you encountered mystery in your lived experience?
- What are the fruits of such encounters?

- How has God touched those moments?

For Prayer

*O Sacred Mystery,
ignitor of faith and hope,
instigator of creativity and envisioning,
I am astounded and humbled by your expansiveness.
Steer my heart and spirit to cherish life's perplexities and the unknown,
and to be present to and thankful for the joys of those experiences
that defy logic and explanation.
Amen.*

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