

June 30, 2024



"WHO TOUCHED ME?"

By Sr. Jane DeLisle, CSJ

Excerpts from Today's Gospel

*"My daughter is at the point of death.
Please, come lay your hands on her,
that she may get well and live."*

...

*There was a woman afflicted with hemorrhages for twelve years....
She said, "If I but touch his clothes, I shall be cured."
Immediately her flow of blood dried up.
She felt in her body that she was healed of her affliction.*

*Jesus, aware at once that power had gone out from him,
turned around in the crowd and asked, **"Who has touched my clothes?"***

MARK 5:23, 25, 28-30

Reflection

The readings for this Sunday proclaim God's desire for our wholeness and Jesus' healing power of compassionate presence to those who come to him in their need.

The God of life and the Jesus of compassion stand open to our request for healing and our desire for God to be God in our lives. There are times in each one's life that we come in need before God, especially when life is difficult and beyond our ability to change the reality. The compassionate and merciful heart of Jesus is touched by the requests we bring. Power still flows out of God for us.

"Who Touched Me?"

By Sister Jane DeLisle, CSJ

*"Feeling power come out of him,
Jesus asked, ***"Who Touched Me?"****

With trembling voice, I dare to reply.

I did, Lord.

I yearn to know and experience your love.

I seek your consoling presence to draw me close.

Grace me with a felt sense of your abiding presence.

"Who Touched Me?"

I did, Jesus, said the lost victim soul,

Caught up in anger, self-pity, and blame.

I seek your loving assurance of my goodness.

Help me to forgive, claim your gentle strength,

So I might desire only good for the ones who wounded me.

Allow me to rest in your companioning presence.

"Who Touched Me?"

We did, Compassionate One,

We are your people caught in the wake of violence.

Be our saving help in the reality of division, war, and hatred.

Despair threatens to engulf our lives and hold us captive.

Come to us, shine your light in our darkness,

and enable us to find solace in you.

Strengthen our resolve for reconciliation and peace.

"Who Touched Me?"

I did, Jesus,

hold me, heal me, stir up resilience for life in me.

Soothe my weary spirit

for my ailing body seems only to know sickness,

Hold me in your loving embrace.
Quell the fear and malaise that preoccupies my mind.
Help me find healing in your embrace.

“Who Touched Me?”

I did, God of Love,
for I have known you as loving God of life and wholeness.
In and through your abiding presence
Awaken compassion and strength in me for the journey.
I desire refreshment for my weary spirit.
Draw me into a fullness of life in you.



Reaching for Healing
Photo by Alicia Rodriguez

For Pondering

- What impels me to “touch the hem” of God's garment?
 - What do I seek?
 - For whom do I pray?
-

For Prayer

*God of mercy and compassion,
I trust you and I am confident in your power and grace
that sustain and restore me.
Attend to my need as I reach out and “touch the hem of your garment.”
Pour forth your healing grace,
for I believe that your will is for me to be well
in mind, body, soul, and spirit.
Draw me near to your sacred heart.
Amen.*

ADAPTED FROM PRAYER BY PADRE PIO

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