

Daily Reflections



Center for Spiritual Development

EVERLASTING IS GOD'S COVENANT!

By Sr. Jayne Helmlinger, CSJ

Today's Responsorial Psalm

Blessed be the Lord, the God of Israel; he has come to his people.

He has raised up for us a mighty savior, born of the house of his servant David.

Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us.

He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life.

LUKE 1:69-75

Reflection

*During this week of reflections, I will be using the acronym HARVEST. Each day the focus will be on the letter for that day as noted below. I'm using the theme of fall and autumn and how this season can be used as a kaleidoscope to reflect on our life with God. As this is Thursday, the word of focus is **Everlasting**.*

Sunday ~ H: Harmony

Monday ~ A: Awesome

Tuesday ~ R: Rejoice

Wednesday ~ V: Vibrant

Thursday ~ E: Everlasting

Friday ~ S: Steadfast

Saturday ~ T: Testimony

The psalm for today speaks to God's everlasting covenant with his people. This includes us and it is a promise rich in mercy, compassion, and grace. Without God, who are we?

For most of us, there are times in our life where God's covenant brings consolation when we find ourselves in the desert of our own inner terrain. It is during these times that it is important for us to turn to the psalms and remember God's deep, abiding love. Each one of us is uniquely made and God never forgets us even if we stray from our Beloved.

As I reflect on the word HARVEST in relationship to EVERLASTING, it can bring comfort and hope. The seasons continue year after year, and they are a rich reminder of God's covenant. We are never forgotten, no matter what is happening in our lives. Seasons remind us of change, yet the change that happens in our lives happens with our life firmly grounded in the Lord.

Everlasting is God's Love

O God, your covenant is sealed in your love and pours gently down upon us. We receive your love as pure gift and as a reminder of your steadfast and everlasting presence in our lives.

We move through the seasons of our lives assured that you are our guide and companion on the journey. Your grace is truly enough for us.

May we harvest the blessings found in relationship with you. May we pause and give thanks for all that has transpired in our lives and your everlasting presence.



Vermont

Photo by Sr. Jayne Helmlinger, CSJ

For Pondering

- What is the harvest of blessings?

- For what grace do you pray today?
 - What are the seeds you might plant today that will be ready for harvest a year from now?
-

For Prayer

*O God of all seasons,
may we harvest what is ours to harvest
and may we plant what is ours to plant this day.
May we continue to be the laborers in your fields of plenty.
Amen.*

If you enjoy reading our reflections and would like to make a donation towards this ministry, click the button below!

Support CSD



 Center for
Spiritual
Development
COMPANIONS ON THE
SACRED JOURNEY

Visit Website

714-744-3172

Join Mailing
List



To “Unsubscribe” from the daily reflections while remaining on our general mailing list, please [email us](#). The unsubscribe function below will unsubscribe you from all emails from CSD. Please know we will never share your information.

Center for Spiritual Development | 434 A South Batavia Street | Orange, CA 92868 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)