



Daily Reflections

LOVE IS IN THE AIR

By Julie Mussché

From the Book of 1 John

“Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love. This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. Dear friends, since God so loved us, we also ought to love one another. No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us.”

1 JOHN 4:7-12

Reflection

Justice

O Holy Night

Yes
Faith
Unity
Love

The other morning, while completing my chores, I caught a glimpse of a man rolling a stroller with a little person in it. They slowly made their way around the cul-de-sac, stopping every now and then to look at yards. I could not figure out what they were looking at until they halted in front of my house. Dad turned the stroller to face the lawn area when I could see a little girl of about two with a big smile on her face.

Suddenly, her tiny arms shot up as if overcome by an overwhelming glee. Although I could not hear her, I could see her shaking with the giggles. Dad gently bent down to her level and cracked a big smile appreciating her joy. The little girl seemed to relish the Christmas critters on the front lawn: a flying pig, a polar bear with a snowman riding on top, and a deer. I am guessing it was the polar bear and snowman that captured her attention.

What caught my interest was how loving Dad was with the little girl. His tenderness and patient manner were wondrous to behold. He beamed with love. It came to mind that this must be how God looks on us. In the passage from 1 John, we learn that God is love and to be born of love is to be born of God and it is through love that God lives in us. Makes a lot of sense to me.



Photo by Julie Mussché

For Pondering

- During this season of love, where have you experienced it?
 - Where have you had occasion to show your love to others?
 - In moving toward the New Year, how are you invited to be more loving and to be born of God?
-

For Prayer

*Loving God, thank you for your gift of love.
Let me shine your presence to others through patience,
kindness, and inclusion.
Amen.*

If you enjoy reading our reflections and would like to make a donation towards this ministry, click the button below!

Support CSD



Visit Website

714-744-3172

Join Mailing



To “Unsubscribe” from the daily reflections while remaining on our general mailing list, please [email us](#). The unsubscribe function below will unsubscribe you from all emails from CSD. Please know we will never share your information.

Center for Spiritual Development | 434 A South Batavia Street | Orange, CA 92868 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)