



Center for Spiritual Development

Daily Reflections

Image by Christine Sponchia

PRAYER FOR CONSTANT GROWTH

By Sr. Christine Hilliard, CSJ

Today's First Reading

Brothers and sisters: From the day we heard about you, we do not cease praying for you and asking that you may be filled with the knowledge of God's will through all spiritual wisdom and understanding to walk in a manner worthy of the Lord, so as to be fully pleasing, in every good work bearing fruit and growing in the knowledge of God, strengthened with every power, in accord with his glorious might, for all endurance and patience, with joy giving thanks to the Father, who has made you fit to share in the inheritance of the holy ones in light. He delivered us from the power of darkness and transferred us to the Kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

COLOSSIANS 1:9-14

Reflection

This letter was written to the Christian community in Colossae, Asia Minor, a town east of Ephesus. Paul has not yet visited this community, however, he has heard of their faith and love so writes from that vantage point. He prays that they “be filled” with “knowledge” of God’s will in “all spiritual wisdom” and “understanding.” The meaning of these words is lived out in the lives of the community members, shown by their “every good work bearing fruit.” Connection/ relationship with God is not a solitary endeavor. Rather, it always entails bringing life beyond oneself, or the one community, represented in “every good work” that extends to others.



Hungry growing caterpillar
Photo by Alicia Rodriguez

For Pondering

- Which phrase in this passage speaks to you today? Write it down and carry it with you. Then, before you go to sleep, read it again and let a prayer arise for you from those words. Proclaim a firm “amen” at the end of your prayer. Then rest in God.
 - Think of a faith community that you belong to. Are there any of Paul’s words you would pass on to that community?
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For Prayer

Building Good Traits

*Help me grow;
teach me to strive for
a soul that is
pure and flawless.
Let my every characteristic be
resistant to evil.
Surely then I can hope
that I –
in my very humanness—
might merge with the holiness
of Your Existence.*

Amen.

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