

April 2024

Soul Space

Quarterly Newsletter



Center for
Spiritual
Development

A MINISTRY OF THE
SISTERS OF ST. JOSEPH
OF ORANGE

THE MUSIC WE MAKE TOGETHER

Easter greetings to you!

Easter Sunday dawned just a few days ago, and now we are immersed in the season of Easter -- the second-longest season on the liturgical calendar, and a most welcome time of celebration after the sacred stillness of Lent.

Those of us who serve at the Center for Spiritual Development gathered in the midst of Lent for our annual staff retreat, a lovely day of contemplation and fellowship. We prayed and meditated along a musical theme -- starting off with a prayer service by Joyce Rupp: "To God Who Sings Through Us."

As the retreat drew to a close, we shared with each other our thoughts about which notes of God's presence make us most thankful, and the responses were beautifully varied.

Some people answered literally -- for instance: "Middle C: a place to return to and be nourished" and "the deep bass notes of God's reassuring and constant love."

Other answers were straightforward: "Faithfulness & presence & constancy" and "the abiding graciousness of God in each person -- revelation of the face of God."

The retreat was a beautiful reminder that, even amid a busy schedule and days that can be challenging, we joyfully serve together in this ministry; our gifts and talents weave together like music from the various instruments in an orchestra as we give praise to God and care for one another.

After journeying together through the 40 days of Lent, and now rejoicing together in Christ's resurrection, we invite you to consider the question:

How is God singing through you in your work, in your relationships, in your thoughts and actions? What are the notes of God's presence for which YOU are most grateful?

Blessings to you in this Easter season!

2024 SCHEDULE OF EVENTS

Below you'll see details about events we're hosting during the first few months of 2024 -- but if you can't wait to see what else we have planned for this year, [click here and download our full program!](#)

And remember to [check our website regularly](#) for new events throughout the year.

ONLINE EVENTS

The Glorious Mysteries

| ON ZOOM

MONDAY, MAY 13, 2024 | 7-8 PM PT

Join us in praying the rosary during Eastertide -- and on the Feast of Our Lady of Fatima! We will reflect on the Joyful Mysteries with prayerful intention and engaging Imago Divina.

Free will offering.

REGISTER HERE



IN-PERSON EVENTS

Art in the Garden

| IN-PERSON ONLY

SATURDAY, MAY 4, 2024 | 3-6 PM PT

Join us at our third annual Art in the Garden event, where Sisters, friends, co-ministers, supporters, and the community



come together for an immersive experience amidst our gardens filled with captivating art, live music, delightful cuisine, and the camaraderie of friendly faces. Art in the Garden supports the ministries of the Sisters of St. Joseph of Orange, including the Center for Spiritual Development, CSJ Educational Network, St. Joseph Justice Center, and St. Joseph Worker Program.

[REGISTER HERE](#)

Art & Contemplation

| IN-PERSON ONLY

**TUE-THU, JULY 16-18 OR
TUE-THU JULY 23-25, 2024 |
9AM-12:30 PM PT**

This 3-day contemplative session is offered to anyone interested in exploring art as a creative practice. Whether you have been creating art for years or not, come join like-minded people who want to discover new ways to nourish the soul.



Artwork by Sr. M. Madeleva Williams, CSJ

[REGISTER JULY 16-18](#)

[REGISTER JULY 23-25](#)

HYBRID EVENTS

Listening with the Heart: An Insider's Experience with the Synod

| IN-PERSON OR ON ZOOM

SATURDAY, JUNE 15, 2024 | 9 AM-4:30 PM PT

Sr. Leticia Salazar, ODN, is one of just 11 people from the U.S. to serve on the U.S. Team for the Continental Phase of the

Synod. A 3-year process of listening and dialogue, the Synod on Synodality concludes this year, making this a providential time to listen to Sr. Leticia speak about her participation in the process and to experience firsthand the synodal process.



REGISTER TO ATTEND IN PERSON

REGISTER TO ATTEND ON ZOOM

TAIZÉ



| SACRED HEART CHAPEL

THIRD THURSDAY OF EVERY MONTH
7 - 8 PM

Offered in prayerful collaboration between Stillpoint and the Center for Spiritual Development

APRIL 18

MAY 16

JUNE 20

FOR SPIRITUAL DIRECTORS



RELATIONAL MINDFULNESS

| IN-PERSON OR ON ZOOM

SATURDAY, MAY 18, 2024

8:30 AM-12 PM PT

In this session, spiritual directors will focus on “relational mindfulness,” and how to listen even more intently. Discussion will include how the stressors of a directee may be uniquely connected to their identities and communities, and what might constitute real happiness for them.

REGISTER TO ATTEND IN PERSON

REGISTER TO ATTEND ON ZOOM



Center for Spiritual Development



Art of Spiritual Direction



Do you feel called to become a spiritual director?

Find out more about our three-year program!

Info at: www.thecsd.org | thecsd@csjorange.org | (714) 744-3172

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Center for
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COMPANIONS ON THE
SACRED JOURNEY



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Center for Spiritual Development

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