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Daily Reflections



Center for Spiritual Development

POINT OF VIEW

By Julie Mussché

Maxims of The Little Institute

“Interpret all things from the best possible point of view.”

MAXIM 52, FR. JEAN PIERRE MÉDAILLE

Reflection

Are you a “glass half full” or a “glass half empty” kind of person? What tests your ability to retain the best possible point of view? Last October, the mettle of many was tested on a tour of Portugal. An unprecedented rainfall hijacked the initial part of the visit, leading us to have to cancel a visit to the Tagus Natural Reserve outside of Lisbon. The natural area is a migration destination for flamingos and we were so looking forward to getting a glimpse of the whimsical birds in their natural habitat.

As it was, the flood potential prompted evacuations of coastal areas and when the rains came, they were torrential. The rain was so significant that CNN

International broadcast footage of water cascading like a waterfall down stairways in the city. Obviously, the tour to the estuary had to be cancelled because both roads and the marshland were flooded. The best laid plans, as they say (yes, we were very disappointed). And yet, what the adjustment afforded was more opportunity to: align with the time zone; relax; and, once the weather permitted, explore the city by foot. The circumstance also offered weather geeks, myself included, an atmospheric spectacle at which to marvel. What gift!



Orange Flower

For Pondering

- Reflect back on and consider a time where “best laid plans” went awry. What were you looking forward to? How disappointed were you? Where was your growing edge? What were the graces afforded by you adjusting and being flexible? Ultimately, how did you find your best possible view?
 - In consideration of your reflection and the narrative, what does interpreting all things from the best possible view have to do with living a Trinitarian life?
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For Prayer

*Amazing One, Giver of life,
with all its complexities and challenges,
forks in the road, joys, and rigors,
thank you for it all.*

*Guide me to see each occasion with the light of your Grace,
to see all things with the best possible view.*

Amen.

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