

December 7, 2024



KISSED BY GOD

By Sr. Jane DeLisle, CSJ

From Philippians

*“Whatever gains I had,
these I have come to consider a loss because of Christ.
More than that, I even consider everything as a loss
because of the supreme good of knowing Christ Jesus my Lord.”*

PHILIPPIANS 2:13

Reflection

This is the seventh day of Advent waiting, of expectant longing for the **More of God** to be revealed, held, and reflected in our lives. Advent stirs up a deep yearning for the embrace of God and our openness to savor the fullness of God’s Saving Presence.

Have you ever noticed a longing in your inner being that stirs up an ache for

something more? I have! My temptation is to distract myself from the uncomfortable emotion through busyness, endless ruminations, and noise. I have learned that when this ache shows up, it invites me to be still and silent so it can speak. Listening requires patient waiting, no matter how uncomfortable it seems. Be present to the ache as with a friend in need of someone to listen.

In being with this discomfort, I have come to realize that this ache -- that comes in the form of longing for I don't know what -- signals my own un-met need to which I must attend to find peace. Also, the ache of longing reflects God's desire for me and mine for God.

There is so much **More of God** to be revealed. The truth is that from the beginning, you and I have been ***kissed by God*** and this kiss keeps us searching, yearning, and growing into God's life within our souls. There is great wisdom in engaging the deeper meaning of the Advent season. Advent makes room for God within my soul to inspire my living and loving.



Photo by Anna Shvets

For Pondering

Reflect on the truth of this quote within your heart and soul.

***“The soul is kissed by God in its innermost regions.
With interior yearning, Grace and blessing are bestowed.
It is a yearning to take on God’s gentle yoke,
It is a yearning to give oneself to God’s way.”***

TAKEN FROM HILDEGARD OF BINGEN

For Prayer

Write a sentence or two that flows from your experience with the text and reflection for today. Advent Blessings!

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