

October 11, 2025

Daily Reflections



BLESSED ARE THE DOERS OF THE WORD

By Sister Bernie Inocencio, CSJ

As you begin this reflection, I invite you to center yourself with the song O Word of God by Fr. Ricky Manalo, CSP.

Today's Gospel

*As Jesus was saying these things, a woman in the crowd called out, "Blessed is the mother who gave you birth and nursed you." He replied, "**Blessed rather are those who hear the word of God and obey it.**"*

LUKE 11:27-28

Reflection

This gospel passage, while short, packs great theological wisdom. It clarifies the nature of true holiness and elevates the spiritual relationship with God over biological connections and physical or earthly relationships. Jesus' response does not diminish or reject his mother's blessedness. It is an affirmation that

her spiritual obedience is the highest source of her blessedness, surpassing even her unique physical role as the Mother of God. Rather than dismissing his mother, Mary, Jesus uses the woman's praise to highlight the reason for Mary's exceptional holiness: her faithful obedience as true discipleship—as one who hears the Word of God and keeps it.

What is expressed in this short gospel is the importance of interior faith over privileged relations—true spiritual kinship and intimacy with God. Jesus' mother Mary and her fiat—"Let it be done to me according to your word" (Luke 1:38)—and that she "kept all these things, pondering them in her heart" (Luke 2:19, 51), provide a model of discipleship.

Righteousness is measured by our responsiveness to God's Word. Constant contemplation of the Word is encouraged. Obedience to the Word heard, and the response and the action that go with it, are key to hearing the Word. The passage not only teaches us about Mary's obedience. It is a call to action for all believers to take God's Word to heart by faithfully contemplating, responding, and acting on what is called for by the Word.

In the journey of faith, the in-dwelling of God's Word in us brings self-awareness, inner transformation, divine wisdom, growth, spiritual action and fruitfulness, and grace.

As supplements to the Gospel reading, I offer the following verses for additional reflection:

Be doers of the word and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, upon going away, immediately forget what they look like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing.

JAMES 1:22-25

Let the word of Christ dwell in you richly, as in all wisdom you teach and admonish one another, singing psalms, hymns, and spiritual songs with gratitude in your hearts to God. And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Jesus.

COLOSSIANS 3:16-17



Image created by Sister Bernie Inocencio, CSJ

For Pondering

- As the verse from James suggests, suppose you are looking at yourself in a mirror. How does your spiritual life look? How do your actions reflect whether you are a hearer or a doer?
 - Continuing with that reflection from the mirror -- what action does it impel you to do?
 - Consider an area of your life where you have been a hearer but not a doer. What is one tangible step you can take this week to live out that truth?
 - What is one specific command or teaching from Scripture that you are currently challenged to put into practice?
 - How does your personal engagement with Scripture influence your interactions with others in your community?
-

For Prayer

*O Word of God, come into this space.
O Word of God, come send us your grace.
Open our minds; show us your truth.
Transform our lives anew.
Amen.*

FROM O WORD OF GOD BY RICKY MANOLO, CSP

If you enjoy reading our reflections and would like to make a donation towards this ministry, click the button below!

Support CSD



Center for
Spiritual
Development

COMPANIONS ON THE
SACRED JOURNEY



[Visit Website](#)

[714-744-3172](tel:714-744-3172)

[Join Mailing
List](#)



To “Unsubscribe” from the daily reflections while remaining on our general mailing list, please [email us](#). The unsubscribe function below will unsubscribe you from all emails from CSD. Please know we will never share your information.

Center for Spiritual Development | 434 A South Batavia Street | Orange, CA 92868 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)