# Daily Reflections

Journeying through Easter





### WHAT DOES IT TAKE TO BELIEVE?

By Sr. Katherine "Kit" Gray, CSJ

# Centering Reflection & Introduction to the Reading

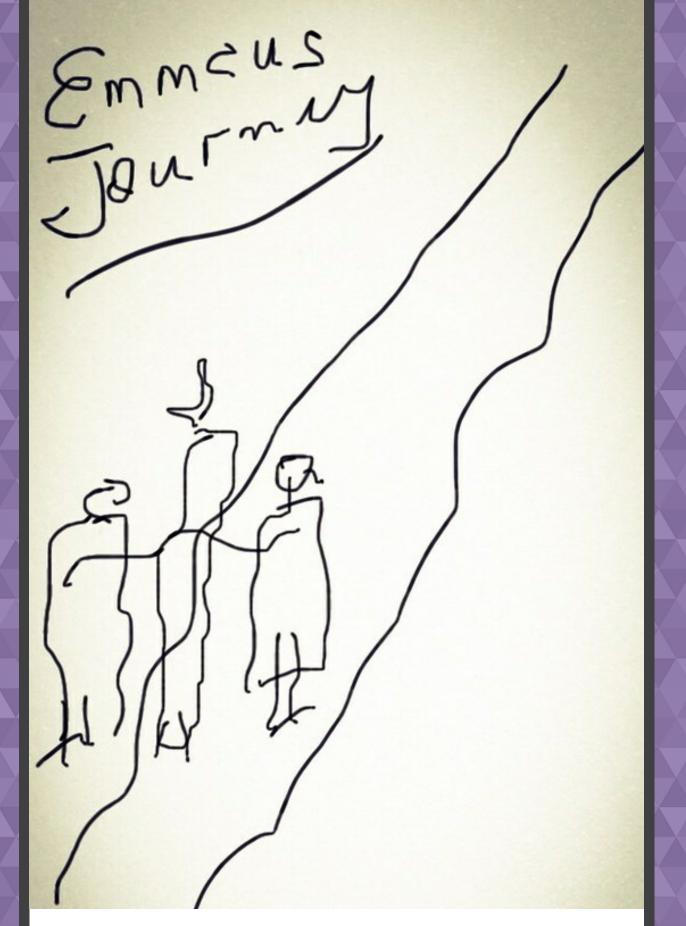
- How am I experiencing Easter in my daily life?
- How am I aware of Jesus' presence?
- What joy, peace, and sense of new life do I have? How have I shared this with others?

Today's reading from Mark's Gospel re-caps several of Jesus' post-resurrection appearances: to Mary Magdalene, to the two disciples on the road to Emmaus, to "the Eleven when they were at table." In each situation, some do not believe. Jesus even rebukes them for "their unbelief and hardness of heart." Despite their unbelief, Jesus commissions them to "Go into the whole world and proclaim the Gospel to every creature."

# **Today's Gospel**

When Jesus had risen, early on the first day of the week, he appeared first to Mary Magdalene, out of whom he had driven seven demons. She went and told his companions who were mourning and weeping. When they heard that he was alive and had been seen by her, they did not believe. After this he appeared in another form to two of them walking along on their way to the country. They returned and told the others; but they did not believe them either. But later, as the Eleven were at table, he appeared to them and rebuked them for their unbelief and hardness of heart because they had not believed those who saw him after he had been raised. He said to them, "Go into the whole world and proclaim the Gospel to every creature."

**MARK 16:9-15** 



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- What is my favorite post-resurrection story?
- What shakes my faith? What does it take for me to believe in Jesus?
- How are doubt and unbelief part of my faith?
- How do I "proclaim the Gospel?"

## **For Prayer**

#### Love Overcame

Love overcame

Emerging from a cold tomb

All the truth, majesty and creativity of a living God

Transforming a broken heart

Making a quiet return, in a still and sorrowful garden

The gravestone rolled away, to release redemptive love

Jesus resurrected and restored

Comforts a weeping woman

Speaks with travelers on a journey

Meets with his faithful friends

And they bow down before Christ alive

And acknowledged that the savior has arrived

That the word of God has come alive

And that the extraordinary transformation of heaven and earth is complete.

#### **JULIE PALMER**

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