

April 26, 2025

Daily Reflections

Journeying through Easter



Center for Spiritual Development

WHAT DOES IT TAKE TO BELIEVE?

By Sr. Katherine “Kit” Gray, CSJ

Centering Reflection & Introduction to the Reading

- How am I experiencing Easter in my daily life?
- How am I aware of Jesus’ presence?
- What joy, peace, and sense of new life do I have? How have I shared this with others?

Today’s reading from Mark’s Gospel re-caps several of Jesus’ post-resurrection appearances: to Mary Magdalene, to the two disciples on the road to Emmaus, to “the Eleven when they were at table.” In each situation, some do not believe. Jesus even rebukes them for “their unbelief and hardness of heart.” Despite their unbelief, Jesus commissions them to “Go into the whole world and proclaim the Gospel to every creature.”

Today's Gospel

*When Jesus had risen, early on the first day of the week,
he appeared first to Mary Magdalene,
out of whom he had driven seven demons.
She went and told his companions who were mourning and weeping.
When they heard that he was alive
and had been seen by her, they did not believe.
After this he appeared in another form
to two of them walking along on their way to the country.
They returned and told the others;
but they did not believe them either.
But later, as the Eleven were at table, he appeared to them
and rebuked them for their unbelief and hardness of heart
because they had not believed those
who saw him after he had been raised.
He said to them, "Go into the whole world
and proclaim the Gospel to every creature."*

MARK 16:9-15

Emmaus
Journey



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Reflection

- What is my favorite post-resurrection story?
 - What shakes my faith? What does it take for me to believe in Jesus?
 - How are doubt and unbelief part of my faith?
 - How do I “proclaim the Gospel?”
-

For Prayer

Love Overcame

*Love overcame
Emerging from a cold tomb
All the truth, majesty and creativity of a living God
Transforming a broken heart
Making a quiet return, in a still and sorrowful garden
The gravestone rolled away, to release redemptive love
Jesus resurrected and restored
Comforts a weeping woman
Speaks with travelers on a journey
Meets with his faithful friends
And they bow down before Christ alive
And acknowledged that the savior has arrived
That the word of God has come alive
And that the extraordinary transformation of heaven and earth is complete.*

JULIE PALMER

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