



Center for Spiritual Development

Daily Reflections

Image by Christine Sponchia

TO WALK IN BEAUTY

By Julie Mussché

From Laudato Sí

“All of us can cooperate as instruments of God for the care of creation, each according to his or her own culture, experience, involvements and talents.”

POPE FRANCIS - LAUDATO SI, 14

Reflection

Reflecting the other day, I was struck with overwhelming gratitude at being witness to the beauty of our planet. Thinking back and considering the variety of places I have sojourned, a multitude of images and memories flooded into consciousness. From the startling splendor of the Engadin in the Swiss Alps, to the vastness and discrete distinctions of deserts, to the awe-striking movement and horizons of open ocean, what a gift is creation.

Beginning September 1 and running through October 4, the feast day of St. Francis of Assisi, people of many religious traditions around the world are

celebrating the *Season of Creation*. This is a singular ecumenical movement prayerfully offering thanksgiving and acting toward recognizing the gift of and working to heal our common home. The theme this year is *A Mighty River* (Amos 5: 24).

While in college, an area of study that captured my focus was the integration of sacred place in the perceptions and lived realities of people. One of the papers I wrote considered the relationship of the Diné (Navajo) people with their ancestral home and the intersection of the sacred with the ordinary and how this merged with ritual practice and expression in sand paintings and healing ceremonies. While engaged in this review, I came across the expression and belief “to walk in beauty.”

Walking in beauty recognizes the sacredness of all creation and our place as a part of existence. It is a spiritual path inviting balance and respect for all of life, including the planet. Walking in beauty realizes that the Sacred seeps from the fabric of a world sparked by the Creator of all.



Sand painting
Photo by Julie Musch é



Grand Canyon South Rim
Photo by Julie Muscch é

For Pondering

What is your walk in beauty and how does it honor the Creator?

For Prayer

Walk in Beauty
Prayer of the Diné People

*In beauty I walk
With beauty before me I walk
With beauty behind me I walk
With beauty above me I walk
With beauty around me I walk
It has become beauty again
It has become beauty again
It has become beauty again
It has become beauty again*

If you enjoy reading our reflections and would like to make a donation towards this ministry, click the button below!

[Support Us Here](#)



Center for
Spiritual
Development

COMPANIONS ON THE
SACRED JOURNEY



[Visit Website](#)

[714-744-3172](tel:714-744-3172)

[Join Mailing List](#)



To “Unsubscribe” from the daily reflections while remaining on our general mailing list, please [email us](#). The unsubscribe function below will unsubscribe you from all emails from CSD. Please know we will never share your information.

Center for Spiritual Development | 434 A South Batavia Street, Orange, CA 92868 714-744-3175

Unsubscribe_slongbotham@csjorange.org

[Update Profile](#) | [Constant Contact Data](#)
[Notice](#)
Sent by thecsd@csjorange.org