

March 15, 2024

Daily Reflections

Journeying through Lent



Center for Spiritual Development

LENTEN JOURNEY WITH JESUS

By Sr. Jayne Helmlinger, CSJ

An Excerpt from Today's Gospel

Some of the inhabitants of Jerusalem said, "Is he not the one they are trying to kill? And look, he is speaking openly, and they say nothing to him. Could the authorities have realized that he is the Christ? But we know where he is from. When the Christ comes, no one will know where he is from." So Jesus cried out in the temple area as he was teaching and said, "You know me and also know where I am from. Yet I did not come on my own, but the one who sent me, whom you do not know, is true. I know him, because I am from him, and he sent me." So, they tried to arrest him, but no one laid a hand upon him, because his hour had not yet come.

JOHN 7:25-30

Reflection

Jesus, today's reading reminds us that your hour has not yet come. The

journey ahead is filled with darkness and pain, a path only you can tread.

Jesus, was your heart heavy with the understanding of what was to come? Did you draw upon the love of your Father to guide your steps?

Jesus, so much will unfold in the coming weeks. You will experience betrayal by those you call your disciples.

You will be condemned by those who view themselves as religious leaders. Peter will deny you and excruciating pain will befall you.

Jesus, your heart was moved with pity despite what you endured. Your love and sacrifice remind us of the price of discipleship.

Jesus, your trial and cross await you and yet you take time to seek out your Father in prayer. It is this unioning love between you that gives us hope.

Jesus, you know the agony of the journey yet fulfilled. You remain steadfast in following your Father's will so that we might have life in you.

Jesus, your love knows no bounds. Instill in each of us the quiet determination to embrace whatever cross we must bear.



LePuy, France
Photo by Sr. Jayne Helmlinger, CSJ

For Pondering

- In your own life, where might the courage of Jesus give you the strength you need to carry the cross you've been given?
 - How might you companion someone who is struggling to pick up their own cross and continue on the journey?
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For Prayer

*O God who knows and understands suffering,
we pray in solidarity with all who call upon your name.*

*May mercy and peace be with us all.
Amen.*

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