

May 27, 2024

Daily Reflections



Center for Spiritual Development

INFINITE REALITY

By Julie Mussché

A Quote

“The Father is love; the Son is love; the Holy Spirit is love. And inasmuch as he is love, God, while being one alone, is not solitude but communion, among the Father, the Son and the Holy Spirit. Because love is essentially a gift of self, and in its original and infinite reality it is the Father who gives himself by generating his Son, who in turn gives himself to the Father, and their mutual love is the Holy Spirit, the bond of their unity. It is not easy to understand, but we can live this mystery, all of us, we can live it a great deal.”

POPE FRANCIS, TRINITY SUNDAY ANGELUS, MAY 30, 2021

Reflection

What enters your mind when you make the sign of the cross? An ancient practice hearkening back to early Christianity, it is customary to begin and end

prayer or worship with this devotional tribute. Perhaps there are times the action is more rote, while there are other times it may be made with more intention. Regardless, ultimately it is an affirmation of belief in the mystery of the Trinity, and a commitment to be God's love in the world.

What images come to mind when you reflect on the Holy Trinity? Traditional images seem a bit hierarchical. While preparing PowerPoints recently for praying the rosary, I have been seeking out images or representations for the Holy Trinity to companion the recitation of the Glory Be. There are a vast number of interpretations of the Holy Trinity, some more anthropomorphic, and some more symbolic. The images that convey the unifying energy of the Trinity speak the loudest to me; that élan vital radiates love.

Father Jean Pierre Médaille SJ, founder of the Congregation of the most perfect love of God, or what became the Sisters of St. Joseph, advocated a Trinitarian spirituality that “captures the mystery of entering into loving union with God. It is relational and inclusive: a loving communion in which both divine and human are mutually engaged.” (Sisters of St. Joseph of Orange, *Heritage Pilgrimage: Experiencing Our Roots*, 31) This mystical context reveals the unifying nature of the Trinity, radiating the love of God and love of each other, a total double union, the infinite reality.



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For Pondering

- How do you conceptualize the infinite reality of the Holy Trinity?
 - What is the significance of making the Sign of the Cross to you? You are invited to “put on your memory cap” and try to remember and visualize the first time you made the sign of the cross. Who did you learn it from and what was the circumstance?
 - How is that sign imprinted on your heart and spirit?
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For Prayer

Blessed be God!

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