

June 15, 2025

Daily Reflections



SOLEMNITY OF THE MOST HOLY TRINITY

By Sister Katherine "Kit" Gray, CSJ

Introduction

Last week, the Catholic community celebrated the feast of Pentecost with its focus on the Holy Spirit; today it celebrates the Trinity, the mystery of Three Persons One God; and next Sunday will celebrate the Body and Blood of Christ, a communal reflection on the Eucharist. This arrangement of major doctrines/beliefs sparked my thinking about a Latin phrase, “lex orandi, lex credendi,” which is variously translated “the law of prayer is the law of belief” and “as we pray, so we believe.” In short, belief informs worship and worship informs belief.

Think of the impact of our daily Sign of the Cross translated:

In the name of the Father, and of the Son, and of the Holy Spirit.

In the name of the Creator, the Redeemer, and the Inspirer.

In the name the Great One, who is both mother and father; the Suffering Servant who is both brother and sister; the Great Spirit who is neither male nor female.

Pre-Reading Reflection

- What do you believe about the Trinity?
 - What has shaped that belief?
 - What words best describe the Trinity for you?
-



Close-up of a Bunch of Green Clovers
Photo by Autumn Martin

For Reading

*God our Father, who by sending into the world
the Word of truth and the Spirit of sanctification
made known to the human race your wondrous mystery,
grant us, we pray, that in professing the true faith,
we may acknowledge the Trinity of eternal glory*

*and adore your Unity, powerful in majesty.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, forever and ever.
Amen.*

COLLECT FOR THE FEAST OF THE MOST HOLY TRINITY

For Pondering

- How does this prayer shape your faith?
 - How does your faith inform this prayer?
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For Prayer

*God for us, we call You Father,
God alongside us, we call You Jesus,
God within us, we call You Holy Spirit.*

*You are the Eternal Mystery
that enables, enfolds, and enlivens all things,
even us,
and even me.*

*Every name falls short of your
Goodness and Greatness.*

*We can only see who You are in what is.
We ask for such perfect seeing.*

*As it was in the beginning, is now,
and ever shall be.
Amen.*

RICHARD ROHR, OFM

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