

September 6, 2025

Daily Reflections



THE RETURNING

By Julie Mussché

A Quote

*“Return again, return again, return to the land of your soul.
Return to who you are, return to what you are, return to when you are
Born and reborn again.”*

MISHKAN HANEFESH: MACHZOR FOR THE DAYS OF AWE, ROSH HASHANAH, 6

Reflection

The other day, my spiritual director reminded me we were in the time of *Elul*, the last month of the Jewish year, and a time of spiritual reflection in preparation for the coming New Year, *Rosh Hashanah*, and *Yom Kippur*, the Day of Atonement. While I am Catholic, I have participated in this season for nearly thirty years and have found it to be spiritually anchoring.

It is a moment to look back as well as forward, to examine self and

relationships with others and with God. During this season, God's mercy is sought and requested. Penance and making amends are necessary along the journey, and we intentionally call to mind and heart those who have passed. Traditional practices can include daily reciting of Psalm 27 and blowing the *shofar*. The invitation for all who would like to: let us pray with Psalm 27 of David. *K'tiva VaHatima Tova* (a good writing and sealing in the Book of Life).



Pomegranates at St. Joseph Center

For Prayer

*The LORD is my light and my help;
whom should I fear?
The LORD is the stronghold of my life,
whom should I dread?*

*When evil men assail me
to devour my flesh—
it is they, my foes and my enemies,
who stumble and fall.*

*Should an army besiege me,
my heart would have no fear;
should war beset me,
still would I be confident.*

*One thing I ask of the LORD,
only that do I seek:
to live in the house of the LORD
all the days of my life,
to gaze upon the beauty of the LORD,
to frequent His temple.*

*He will shelter me in His pavilion
on an evil day,
grant me the protection of His tent,
raise me high upon a rock.*

*Now is my head high
over my enemies round about;
I sacrifice in His tent with shouts of joy,
singing and chanting a hymn to the LORD.*

*Hear, O LORD, when I cry aloud;
have mercy on me, answer me.*

*In Your behalf my heart says:
“Seek My face!”
O LORD, I seek Your face.*

*Do not hide Your face from me;
do not thrust aside Your servant in anger;
You have ever been my help.
Do not forsake me, do not abandon me,
O God, my deliverer.*

*Though my father and mother abandon me,
the LORD will take me in.*

*Show me Your way, O LORD,
and lead me on a level path
because of my watchful foes.
Do not subject me to the will of my foes,
for false witnesses and unjust accusers
have appeared against me.*

*Had I not the assurance
that I would enjoy the goodness of the LORD
in the land of the living...*

*Look to the LORD;
be strong and of good courage!
O look to the LORD!*

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